**Maternity outpatient pathway**

**Remote monitoring**
- Psychology
- Vital signs
- Hypertension
- Uterine activity

**Self-management**
- Smoking cessation
- Health apps
- Gestational diabetes

**Diagnostics**
- Blood tests
- 12 week scan
- Urine analysis
- OGTT
- Anemia
- Respiratory rate
- Urine analysis

**Postnatal support**
- Advice
- Guidance
- Community
- Exercise
- Breast feeding

**Information sharing**
- Secure scheduling
- Digital records
- Digital patient-flow management

**Communication**
- Secure scheduling
- Digital records
- Digital patient-flow management

**Workforce support**
- Rotas
- Availability
- Bank work
- Training
- Staff management

**Pre-conception**

**Antenatal**

**Postnatal**